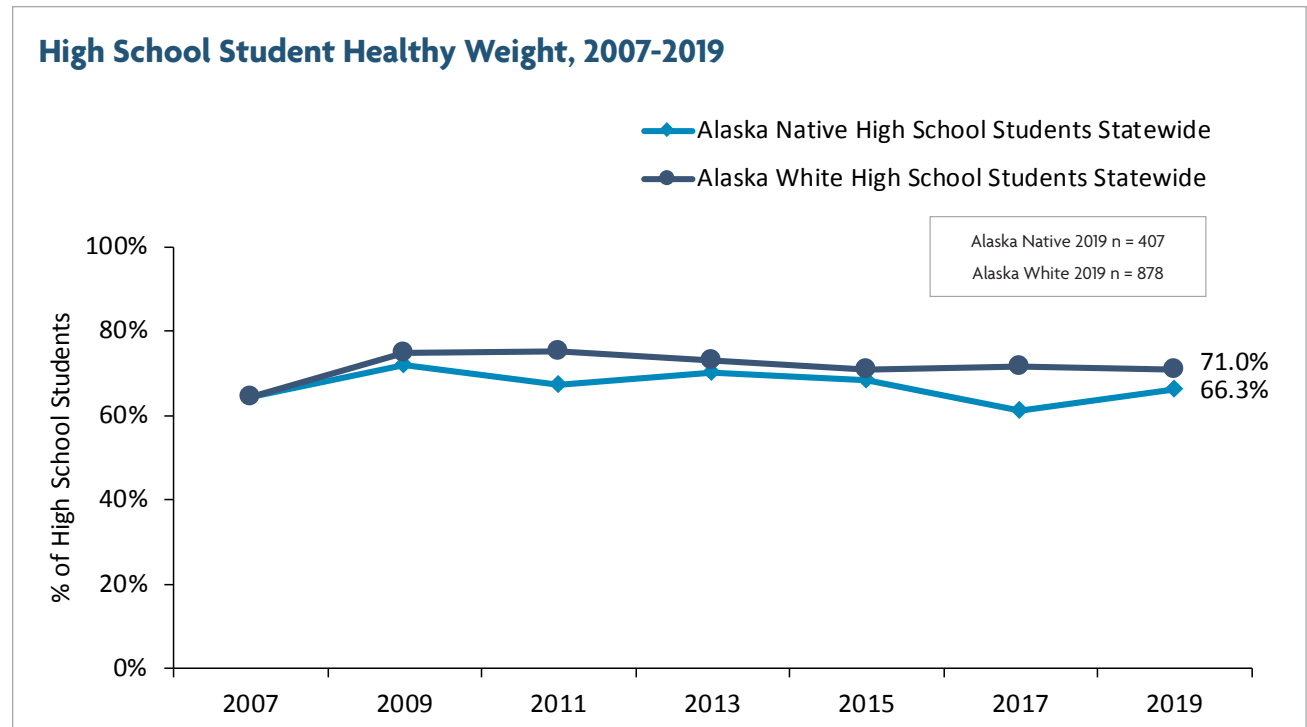


Healthy Weight



Data Source: Alaska Division of Public Health, Alaska Youth Risk Behavior Surveillance System
Table C-89

Definition

Adolescent healthy weight is the percentage of students (grades 9-12) with a body mass index (BMI) at the age- and sex-specific 5th percentile to less than the 85th percentile.

Summary

- » Two-thirds (66.3%) of Alaska Native high school students reported meeting the criteria for healthy weight in 2019.
- » In 2019, there was no statistically significant difference in the percentage of high school students with a healthy weight between Alaska Native and Alaska White high school students.
- » The percentage of Alaska Native high school students who reported having a healthy weight appears to have remained relatively stable between 2007 and 2019.

Healthy Weight

Table C-89: High School Student Healthy Weight, 2007-2019

Data Source: Alaska Division of Public Health, Alaska Youth Risk Behavior Surveillance System

		Alaska Native Students Statewide	Alaska White Students Statewide
2007	n	237	732
	%	64.3%	73.9%
	Confidence Interval	(54.7%-72.9%)	(70.3%-77.2%)
2009	n	290	609
	%	71.9%	74.9%
	Confidence Interval	(66.0%-77.1%)	(70.4%-78.9%)
2011	n	292	645
	%	67.3%	75.2%
	Confidence Interval	(60.7%-73.3%)	(71.2%-78.8%)
2013	n	267	571
	%	70.2%	73.1%
	Confidence Interval	(63.2%-76.5%)	(68.8%-77.1%)
2015	n	339	648
	%	68.4%	70.9%
	Confidence Interval	(61.7%-74.4%)	(67.1%-74.5%)
2017	n	328	561
	%	61.1%	71.6%
	Confidence Interval	(56.0%-65.9%)	(65.7%-76.9%)
2019	n	407	878
	%	66.3%	71.0%
	Confidence Interval	(59.7%-72.3%)	(66.2%-75.4%)